

St. Nicholas Weekly News

November 20th-24th, 2023

Dear Families,

This year EICS is embarking on a wellness initiative titled 'Here Comes the Sun'. This initiative focuses on wellbeing to empower staff, students and families with universal strategies to support their mental health and their overall wellbeing. St. Nicholas will be focusing on three wellbeing pillars: Social, Physical and Spiritual which foster our faith, community and connections in our St. Nicholas school environment.



On Friday, November 24th, our students will participate in an activity that will focus on the Social wellbeing pillar; which consists of understanding our kindness wellness coin. Look for an activity sheet your child will be bringing home to share with you and recognize ways your child is showing the wellness coin of kindness.

As well, on Thursday, December 21, students and staff will be engaged in a day filled with a variety of Faith and Wellness activities. The goal of the day is to support and promote positive mental health in a faith filled environment.

God Bless,
Peter Rachmistruk
peterr@eics.ab.ca
Principal

Upcoming Important Dates:

November 30 - Hot Lunch (Top Donair)
December 3 - Advent begins
December 6 - Early dismissal/St. Nicholas Visit
December 13 - Advent Christmas concert 6:30pm at OLPH Parish
December 21 - Student Faith and Wellness Day at St. Nicholas
December 22 - Last day of classes (Christmas vacation)
January 8 - Classes resume

Information

Holodomor Memorial Day is commemorated each year on the fourth Friday of November in

schools as a Day of Remembrance when we remember the millions of Ukrainians who were starved to death in Ukraine in 1932 and 1933, many of whom were children.

St. Sophia's Parish Information

Solemn Holy Communion & First Confession Registration

Age: Grade 2 and up

Date and Times: Friday evenings from 5:00 – 6:30 p.m. beginning January 12, 2024 at St. Sophia's Parish.

First confession will be on March 16 and First Solemn Holy Communion on March 17.

Contact: Andrea Haston at st.sophiafirstcommunion@gmail.com or 780-239-2121 Registration deadline: December 22, 2023

St. Nicholas School Council Information

AGLC Meeting

There will be a brief meeting on Friday, November 24 at 2:45pm to vote on some bylaws/elections regarding AGLC licensing. All parents are invited to attend

Purdy's Chocolate Fundraiser

'Tis the season of giving, and the St. Nicholas Parent Advisory Council is thrilled to announce our Purdy's Christmas Chocolate fundraiser! By purchasing these delicious treats, you'll not only satisfy your sweet tooth but also help us reach our goal of \$1,000 profit, which will go towards birthday books and the remaining cost of the Grade 4 leadership t-shirts.

Your participation will make a meaningful difference. Visit

<https://fundraising.purdys.com/1772866-109405> to order your high-quality chocolates and help spread joy and sweetness this holiday season. Family and friends are welcome to participate in the fundraiser using the link above as well. Order deadline is November 26 and orders will be available for pickup at the St. Nicholas school on December 12.

Christmas Basket Raffle

Parent Council is excited to announce our most popular fundraising event, the Christmas Basket Raffle! Each teacher has chosen a specific themed basket. Families are asked to donate an item to the basket theme for their child's class. Your generous donations make these baskets amazing each and every year! Please have all donations in by Monday, November 27th. Please see attached letter for detailed information.

Faith Reflection

Heavenly Father, we gather before You with grateful hearts, seeking Your guidance and grace. Lord Jesus, the light of the world, fill our hearts with your radiant love, empower us to go forth into the world, spreading Your light to every corner. Bless our St. Nicholas community, may our actions reflect Your mercy and grace. Guide us in wisdom and understanding, so we may bring light to the darkness. We ask this in your name. Amen

—
Peter Rachmistruk



St. Nicholas Catholic School

"Our Catholic School Family, embracing both English and Ukrainian Bilingual programs is dedicated to providing the best opportunities for learning while nurturing in our students' continuous personal growth."

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St. Nicholas Catholic school

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